

## ADESLAS COMPLETA AND ADESLAS EXTRA COVER

### 1. Primary medicine

- General medicine and nursing, in clinic and at home.
- Paediatrics and childcare, for children under fourteen.
- Nursing. Service in clinic and at home.

### 2. Emergencies

### 3. Specialists

At medical clinics or during hospitalisation.

### 4. Diagnostic resources

- **Clinical analysis, pathological anatomy and cytopathology.**
- **General radiology:** common diagnostic imaging techniques.
- **Other diagnostic means:** cardiac doppler, electrocardiography, electroencephalography, electromyography, fibroendoscopy and ultrasound.
- **High-tech diagnostic resources:** immunohistochemistry, ergometry, holter, nuclear medicine, amniocentesis and karyotypes, magnetic resonance and CT scan, colonography by CT, coronariography by CT, PET.
- **Interventional diagnostic resources:** radiología intervencionista vascular y visceral y hemodinámica vascular.
- **Genetic tests:** to diagnose diseases in affected and symptomatic patients. Also includes foetal DNA tests in maternal blood when medically indicated for prenatal screening.

### 5. Preventive medicine

- **Paediatrics:** includes preventive and child developmental check-ups.
- **Obstetrics and Gynaecology:** annual gynaecological check-up for the prevention of breast, endometrial and cervical cancer.
- **Cardiology:** prevention of coronary risk in people over 40 years of age.
- **Urology:** annual urological check-up for the prevention of prostate cancer.
- **Family planning:** control of anovulatory treatment, IUD implants and monitoring, including cost of the device. Tubal
- **Prevention of colorectal cancer:** Includes an appointment and physical exploration with the specialist and, at the doctor's discretion, the faecal occult blood test and, where appropriate, a colonoscopy.
- **Diabetes prevention:** consultation and exploration by a medical specialist, as well as the determination of basal glycemia and, where necessary, glycosylated haemoglobin.

### 6. Special Treatments

- Respiratory therapies at home. (oxygen therapy, aerosol therapy and ventilation therapy).
- Blood and/or plasma transfusions.
- Speech therapy and phoniatrics. Treatment of speech, language and voice pathologies derived exclusively from organic conditions.
- Laser therapy.
- Pain treatment.
- Percutaneous nucleotomy.
- Haemodialysis for acute or chronic renal insufficiencies.
- Chemotherapy.
- Radiation oncology.
- Renal lithotripsy.
- Shock waves for musculoskeletal calcifications.

## 7. Transplants of organs, tissues and cells of human origin

**Completa:** Autologous bone marrow transplant or corneal transplant.

**Extra:** Organ transplant: cornea, bone marrow, heart, lung, liver and kidney.

## 8. Implants and surgical prostheses

Heart valves, pacemakers, vascular bypass prostheses, internal trauma prostheses, intraocular lenses (monofocal and bifocal), synthetic meshes for abdominal or thoracic reconstruction and reservoirs for the treatment of pain. Also breast prostheses (for reconstruction of a mastectomised breast).

## 9. Hospitalisation

### Obstetric hospitalisation (childbirth).

Includes the treatment of the obstetric gynaecologist and/or the midwife in a hospital admission during the pregnancy and/or delivery process; and the crib and/or incubator for the newborn during hospitalisation.

### Surgical hospitalisation.

Includes surgical specialists for treating conditions where required, preoperative or pre-anaesthetic assessment (consultation, analysis and electrocardiogram), immediate post-operative visits and treatments, major outpatient surgery and, if necessary, surgical implants and prostheses.

### Medical hospitalisation without surgical intervention.

Includes the different medical specialists for the diagnosis and/or treatment of admissible medical conditions.

### Paediatric hospitalisation.

For children under 14 years of age. Includes care for surgical intervention or medical illness both in conventional hospitalisation and in neonatal units (intensive care and/or intermediary care).

### Hospitalisation in Intensive Care Unit (I.C.U.).

### Psychiatric hospitalisation.

Exclusively for patients with acute or chronic conditions in periods of crisis, previously diagnosed by a specialist from the Medical Team of the Insurance Company, in an inpatient or day hospitalisation regime, with a limit of 50 days per calendar year (for the **Adeslas Extra** product the limit is 60 days).

### Day hospitalisation.

Both for surgical and medical procedures, including chemotherapy treatments in oncology. It includes the costs of the stay, the medication and the diagnostic resources used during the stay in the hospital centre.

## 10. Other services

- Ambulances (under the recommendation of an Adeslas team doctor).
- Preparation for childbirth.
- Podiatry (max. 12 sessions).
- Assistance abroad (€12,000).
- Robotic surgery.

## 11. Adeslas es Más

- Medical advice line.
- 2nd medical opinion.
- Refractive surgery\*.
- Psychotherapy: up to 20 sessions per year. And in the case of eating disorders 40 sessions. From session 21 and 41 the cost will be €24\*.
- Assisted reproduction\*.
- Alternative medicines: Homoeopathy, Osteopathy, Acupuncture\*.
- Home care for dependants or people with chronic diseases\*.
- Biomechanical walking study and discounts on insoles\*.
- Cryo-preservation of umbilical cord stem cells.
- Hair implants and other dermatological treatments.
- Hearing aids.

**Cover for information purposes only. The specific conditions of this product can be found in the General Conditions of the Adeslas Completa or Adeslas Extra product.**

\*Special prices for our insured parties.